January 2016 Menu Planner



				And January accounts		
	Day	Breakfast	Lunch	Snacks	Dinner	
1	Friday					
2	Saturday					
3	Sunday					
4	Monday					
5	Tuesday					
6	Wednesday					
7	Thursday					
8	Friday					
9	Saturday					
10	Sunday					
11	Monday					
12	Tuesday					
13	Wednesday					
14	Thursday					
15	Friday					
16	Saturday					
17	Sunday					
18	Monday					
19	Tuesday					
20	Wednesday					
21	Thursday					
22	Friday					
23	Saturday					
24	Sunday					
25	Monday					
26	Tuesday					
27	Wednesday					
28	Thursday					
29	Friday					
30	Saturday					
31	Sunday					

February 2016 Menu Planner



	Day	Breakfast	Lunch	Snacks	Dinner
1	Monday	Diedkidst	Lulicii	Silacks	Diffiel
2	Tuesday				
3	Wednesday				
4					
	Thursday				
5	Friday				
6	Saturday				
7	Sunday				
8	Monday				
9	Tuesday				
10	Wednesday				
11	Thursday				
12	Friday				
13	Saturday				
14	Sunday				
15	Monday				
16	Tuesday				
17	Wednesday				
18	Thursday				
19	Friday				
20	Saturday				
21	Sunday				
22	Monday				
23	Tuesday				
24	Wednesday				
25	Thursday				
26	Friday				
27	Saturday				
28	Sunday				
29	Monday				
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March 2016 Menu Planner



	Day	Breakfast	Lunch	Snacks	Dinner
1	Tuesday				
2	Wednesday				
3	Thursday				
4	Friday				
5	Saturday				
6	Sunday				
7	Monday				
8	Tuesday				
9	Wednesday				
10	Thursday				
11	Friday				
12	Saturday				
13	Sunday				
14	Monday				
15	Tuesday				
16	Wednesday				
17	Thursday				
18	Friday				
19	Saturday				
20	Sunday				
21	Monday				
22	Tuesday				
23	Wednesday				
24	Thursday				
25	Friday				
26	Saturday				
27	Sunday				
28	Monday				
29	Tuesday				
30	Wednesday				
31	Thursday				

April 2016 Menu Planner



		222 Sumagenement					
	Day	Breakfast	Lunch	Snacks	Dinner		
1	Friday						
2	Saturday						
3	Sunday						
4	Monday						
5	Tuesday						
6	Wednesday						
7	Thursday						
8	Friday						
9	Saturday						
10	Sunday						
11	Monday						
12	Tuesday						
13	Wednesday						
14	Thursday						
15	Friday						
16	Saturday						
17							
18	Monday						
19	Tuesday						
20	Wednesday						
21	Thursday						
22	Friday						
23	Saturday						
24	Sunday						
25	Monday						
26	Tuesday						
27	Wednesday						
28	Thursday						
29	Friday						
30	Saturday						
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May 2016 Menu Planner



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14						
15 Sunday 16 Monday 17 Tuesday 18 Wednesday 19 Thursday 20 Friday 21 Saturday 22 Sunday 23 Monday 23 Monday 24 Tuesday 25 Wednesday 26 Thursday 27 Friday 28 Saturday 29 Sunday 30 Monday 30 Monday						
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17 Tuesday 18 Wednesday 19 Thursday 20 Friday 21 Saturday 22 Sunday 23 Monday 24 Tuesday 25 Wednesday 25 Wednesday 26 Thursday 27 Friday 28 Saturday 29 Sunday 30 Monday 30 Monday	15	Sunday				
18 Wednesday 19 Thursday 20 Friday 21 Saturday 22 Sunday 23 Monday 24 Tuesday 25 Wednesday 26 Thursday 27 Friday 28 Saturday 29 Sunday 30 Monday	16	Monday				
19 Thursday 20 Friday 21 Saturday 22 Sunday 23 Monday 24 Tuesday 25 Wednesday 26 Thursday 27 Friday 28 Saturday 29 Sunday 30 Monday	17	Tuesday				
20 Friday 21 Saturday 22 Sunday 23 Monday 24 Tuesday 25 Wednesday 26 Thursday 27 Friday 28 Saturday 29 Sunday 30 Monday	18	Wednesday				
20 Friday 21 Saturday 22 Sunday 22 Sunday 23 Monday 24 Tuesday 25 Wednesday 25 Wednesday 26 Thursday 27 Friday 28 Saturday 29 Sunday 30 Monday 30 Monday	19	Thursday				
21	20					
22	21					
23 Monday 24 Tuesday 25 Wednesday 26 Thursday 27 Friday 28 Saturday 29 Sunday 30 Monday	22					
24Tuesday25Wednesday26Thursday27Friday28Saturday29Sunday30Monday	23					
25 Wednesday 26 Thursday 27 Friday 28 Saturday 29 Sunday 30 Monday	24					
26 Thursday 27 Friday 27 Friday 28 Saturday 29 Sunday 30 Monday	25					
27 Friday 28 Saturday 29 Sunday 30 Monday						
28 Saturday 29 Sunday 30 Monday						
29 Sunday 30 Monday						
30 Monday						
31 Tuesday	31	Tuesday				

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June 2016 Menu Planner



	Day	Breakfast	Lunch	Snacks	Dinner
1	Wednesday				
2	Thursday				
3	Friday				
4	Saturday				
5	Sunday				
6	Monday				
7	Tuesday				
8	Wednesday				
9	Thursday				
10	Friday				
11	Saturday				
12	Sunday				
13	Monday				
14	Tuesday				
15	Wednesday				
16	Thursday				
17	Friday				
18	Saturday				
19	Sunday				
20	Monday				
21	Tuesday				
22	Wednesday				
23	Thursday				
24	Friday				
25	Saturday				
26	Sunday				
27	Monday				
28	Tuesday				
29	Wednesday				
30	Thursday				

July 2016 Menu Planner



					The state of the s		
	Day	Breakfast	Lunch	Snacks	Dinner		
1	Friday						
2	Saturday						
3	Sunday						
4	Monday						
5	Tuesday						
6	Wednesday						
7	Thursday						
8	Friday						
9	Saturday						
10	Sunday						
11	Monday						
12	Tuesday						
13	Wednesday						
14	Thursday						
15	Friday						
16	Saturday						
17	Sunday						
18	Monday						
19	Tuesday						
20	Wednesday						
21	Thursday						
22	Friday						
23	Saturday						
24	Sunday						
25	Monday						
26	Tuesday						
27	Wednesday						
28	Thursday						
29	Friday						
30	Saturday						
31	Sunday						

August 2016 Menu Planner



	Day	Breakfast	Lunch	Snacks	Dinner
1	Monday				
2	Tuesday				
3	Wednesday				
4	Thursday				
5	Friday				
6	Saturday				
7	Sunday				
8	Monday				
9	Tuesday				
10	Wednesday				
11	Thursday				
12	Friday				
13	Saturday				
14	Sunday				
15	Monday				
16	Tuesday				
17	Wednesday				
18	Thursday				
19	Friday				
20	Saturday				
21	Sunday				
22	Monday				
23	Tuesday				
24	Wednesday				
25	Thursday				
26	Friday				
27	Saturday				
28	Sunday				
29	Monday				
30	Tuesday				
31	Wednesday				

September 2016 Menu Planner



		ESTATE J'AMAGE ALEMAN					
	Day	Breakfast	Lunch	Snacks	Dinner		
1	Thursday						
2	Friday						
3	Saturday						
4	Sunday						
5	Monday						
6	Tuesday						
7	Wednesday						
8	Thursday						
9	Friday						
10	Saturday						
11	Sunday						
12	Monday						
13	Tuesday						
14	Wednesday						
15	Thursday						
16	Friday						
17	Saturday						
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19	Monday						
20	Tuesday						
21	Wednesday						
22	Thursday						
23	Friday						
24	Saturday						
25	Sunday						
26	Monday						
27	Tuesday						
28	Wednesday						
29	Thursday						
30	Friday						
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October 2016 Menu Planner



	Day	Breakfast	Lunch	Snacks	Dinner
1	Saturday				
2	Sunday				
3	Monday				
4	Tuesday				
5	Wednesday				
6	Thursday				
7	Friday				
8	Saturday				
9	Sunday				
10	Monday				
11	Tuesday				
12	Wednesday				
13	Thursday				
14	Friday				
15	Saturday				
16	Sunday				
17	Monday				
18	Tuesday				
19	Wednesday				
20	Thursday				
21	Friday				
22	Saturday				
23	Sunday				
24	Monday				
25	Tuesday				
26	Wednesday				
27	Thursday				
28	Friday				
29	Saturday				
30	Sunday				
31	Monday				

November 2016 Menu Planner



1	Day	Breakfast			
		Dicarrast	Lunch	Snacks	Dinner
	Tuesday				
2	Wednesday				
3	Thursday				
4	Friday				
5	Saturday				
6	Sunday				
7	Monday				
8	Tuesday				
9	Wednesday				
10	Thursday				
11	Friday				
12	Saturday				
13	Sunday				
14	Monday				
	Tuesday				
16	Wednesday				
17	Thursday				
18	Friday				
19	Saturday				
20	Sunday				
21	Monday				
22	Tuesday				
23	Wednesday				
24	Thursday				
25	Friday				
	Saturday				
27	Sunday				
28	Monday				
29	Tuesday				
30	Wednesday				

December 2016 Menu Planner



222 S. S. Unitago					
	Day	Breakfast	Lunch	Snacks	Dinner
1	Thursday				
2	Friday				
3	Saturday				
4	Sunday				
5	Monday				
6	Tuesday				
7	Wednesday				
8	Thursday				
9	Friday				
10	Saturday				
11	Sunday				
12	Monday				
13	Tuesday				
14	Wednesday				
15	Thursday				
16	Friday				
17	Saturday				
18	Sunday				
19	Monday				
20	Tuesday				
21	Wednesday				
22	Thursday				
23	Friday				
24	Saturday				
25	Sunday				
26	Monday				
27	Tuesday				
28	Wednesday				
29	Thursday				
30	Friday				
31	Saturday				