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| **>>> August 2022** | Goal of the month**: ………………………………………..…..** |
| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **31** | **1** | **2** | **3** | **4** | **5** | 6 |
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|  |  7 | **8** | **9** | **10** | **11** | **12** | 13 |
|  |  |  |  |  |  |  |
|  | 12 | **15** | **16** | **17** | **18** | **19** | 20 |
|  |  |  |  |  |  |  |
|  | 21 | **22** | **23** | **24** | **25** | **26** | 27 |
|  |  |  |  |  |  |  |
|  | 28 | **29** | **30** | **31** | **1** | **2** | 3 |
|  |  |  |  |  |  |  |