

# >>> January 2023

Goal of the month: .....

| Sunday                     | Monday                             | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------|------------------------------------|---------|-----------|----------|--------|----------|
| 1<br><i>New Year's Day</i> | 2<br><i>New Year's Day Holiday</i> | 3       | 4         | 5        | 6      | 7        |
| 8                          | 9                                  | 10      | 11        | 12       | 13     | 14       |
| 15                         | 16<br><i>M L King Day</i>          | 17      | 18        | 19       | 20     | 21       |
| 22                         | 23                                 | 24      | 25        | 26       | 27     | 28       |
| 29                         | 30                                 | 31      | 1         | 2        | 3      | 4        |

# >>> February 2023

Goal of the month: .....

| Sunday | Monday                       | Tuesday                      | Wednesday | Thursday | Friday | Saturday |
|--------|------------------------------|------------------------------|-----------|----------|--------|----------|
| 29     | 30                           | 31                           | 1         | 2        | 3      | 4        |
| 5      | 6                            | 7                            | 8         | 9        | 10     | 11       |
| 12     | 13                           | 14<br><i>Valentine's Day</i> | 15        | 16       | 17     | 18       |
| 19     | 20<br><i>Presidents' Day</i> | 21                           | 22        | 23       | 24     | 25       |
| 26     | 27                           | 28                           | 1         | 2        | 3      | 4        |

# >>> March 2023

Goal of the month: .....

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
| 26     | 27     | 28      | 1         | 2        | 3      | 4        |
| 5      | 6      | 7       | 8         | 9        | 10     | 11       |
| 12     | 13     | 14      | 15        | 16       | 17     | 18       |
| 19     | 20     | 21      | 22        | 23       | 24     | 25       |
| 26     | 27     | 28      | 29        | 30       | 31     | 1        |

# >>> April 2023

Goal of the month: .....

| Sunday                    | Monday | Tuesday | Wednesday | Thursday | Friday                  | Saturday |
|---------------------------|--------|---------|-----------|----------|-------------------------|----------|
| 26                        | 27     | 28      | 29        | 30       | 31                      | 1        |
| 2                         | 3      | 4       | 5         | 6        | 7<br><i>Good Friday</i> | 8        |
| 9<br><i>Easter Sunday</i> | 10     | 11      | 12        | 13       | 14                      | 15       |
| 16                        | 17     | 18      | 19        | 20       | 21                      | 22       |
| 23                        | 24     | 25      | 26        | 27       | 28                      | 29       |
| 30                        | 1      | 2       | 3         | 4        | 5                       | 6        |

# >>> May 2023

Goal of the month: .....

| Sunday                    | Monday                    | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------------------|---------------------------|---------|-----------|----------|--------|----------|
| 30                        | 1                         | 2       | 3         | 4        | 5      | 6        |
| 7                         | 8                         | 9       | 10        | 11       | 12     | 13       |
| 14<br><i>Mother's Day</i> | 15                        | 16      | 17        | 18       | 19     | 20       |
| 21                        | 22                        | 23      | 24        | 25       | 26     | 27       |
| 28                        | 29<br><i>Memorial Day</i> | 30      | 31        | 1        | 2      | 3        |

# >>> June 2023

Goal of the month: .....

| Sunday                    | Monday | Tuesday | Wednesday | Thursday | Friday                         | Saturday |
|---------------------------|--------|---------|-----------|----------|--------------------------------|----------|
| 28                        | 29     | 30      | 31        | 1        | 2<br><i>National Donut Day</i> | 3        |
| 4                         | 5      | 6       | 7         | 8        | 9                              | 10       |
| 11                        | 12     | 13      | 14        | 15       | 16                             | 17       |
| 18<br><i>Father's Day</i> | 19     | 20      | 21        | 22       | 23                             | 24       |
| 25                        | 26     | 27      | 28        | 29       | 30                             | 1        |

# >>> July 2023

Goal of the month: .....

| Sunday | Monday | Tuesday                      | Wednesday | Thursday | Friday | Saturday |
|--------|--------|------------------------------|-----------|----------|--------|----------|
| 25     | 26     | 27                           | 28        | 29       | 30     | 1        |
| 2      | 3      | 4<br><i>Independence Day</i> | 5         | 6        | 7      | 8        |
| 9      | 10     | 11                           | 12        | 13       | 14     | 15       |
| 16     | 17     | 18                           | 19        | 20       | 21     | 22       |
| 23     | 24     | 25                           | 26        | 27       | 28     | 29       |
| 30     | 31     | 1                            | 2         | 3        | 4      | 5        |

# >>> August 2023

Goal of the month: .....

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
| 30     | 31     | 1       | 2         | 3        | 4      | 5        |
| 6      | 7      | 8       | 9         | 10       | 11     | 12       |
| 13     | 14     | 15      | 16        | 17       | 18     | 19       |
| 20     | 21     | 22      | 23        | 24       | 25     | 26       |
| 27     | 28     | 29      | 30        | 31       | 1      | 2        |



# >>> September 2023

Goal of the month: .....

| Sunday | Monday                | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|-----------------------|---------|-----------|----------|--------|----------|
| 27     | 28                    | 29      | 30        | 31       | 1      | 2        |
| 3      | 4<br><i>Labor Day</i> | 5       | 6         | 7        | 8      | 9        |
| 10     | 11                    | 12      | 13        | 14       | 15     | 16       |
| 17     | 18                    | 19      | 20        | 21       | 22     | 23       |
| 24     | 25                    | 26      | 27        | 28       | 29     | 30       |

# >>> October 2023

Goal of the month: .....

| Sunday | Monday                   | Tuesday                | Wednesday | Thursday | Friday | Saturday |
|--------|--------------------------|------------------------|-----------|----------|--------|----------|
| 1      | 2                        | 3                      | 4         | 5        | 6      | 7        |
| 8      | 9<br><i>Columbus Day</i> | 10                     | 11        | 12       | 13     | 14       |
| 15     | 16                       | 17                     | 18        | 19       | 20     | 21       |
| 22     | 23                       | 24                     | 25        | 26       | 27     | 28       |
| 29     | 30                       | 31<br><i>Halloween</i> | 1         | 2        | 3      | 4        |

# >>> November 2023

Goal of the month: .....

| Sunday | Monday | Tuesday | Wednesday | Thursday                      | Friday | Saturday                  |
|--------|--------|---------|-----------|-------------------------------|--------|---------------------------|
| 29     | 30     | 31      | 1         | 2                             | 3      | 4                         |
| 5      | 6      | 7       | 8         | 9                             | 10     | 11<br><i>Veterans Day</i> |
| 12     | 13     | 14      | 15        | 16                            | 17     | 18                        |
| 19     | 20     | 21      | 22        | 23<br><i>Thanksgiving Day</i> | 24     | 25                        |
| 26     | 27     | 28      | 29        | 30                            | 1      | 2                         |

# >>> December 2023

Goal of the month: .....

| Sunday | Monday                 | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|------------------------|---------|-----------|----------|--------|----------|
| 26     | 27                     | 28      | 29        | 30       | 1      | 2        |
| 3      | 4                      | 5       | 6         | 7        | 8      | 9        |
| 10     | 11                     | 12      | 13        | 14       | 15     | 16       |
| 17     | 18                     | 19      | 20        | 21       | 22     | 23       |
| 24     | 25<br><i>Christmas</i> | 26      | 27        | 28       | 29     | 30       |
| 31     | 1                      | 2       | 3         | 4        | 5      | 6        |