January 2024 Meal Planner



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Year's Day	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17		19	20
	M L King Day					
21 		23 	24 	25 		
28	29	30 	31			

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February 2024 Meal Planner



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
		13	14	15	16	 17
			Valentine's Day			
18	19 Presidents' Day	20	21		23	
25	26	27	28	29		

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March 2024 Meal Planner



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Easter Sunday						2
3	4	5	6	7	8	9
10	 	12	13	14	15	16
17		19				23
24	25	26		28		30
					Good Friday	

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April 2024 Meal Planner



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6
			·		
8	9	10	11	12	13
15	16	17	18	19	20
22	23	24	25	26	27
29	30				
		$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$

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May 2024 Meal Planner



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
	6	7	8		10	
5	0	/	0	9	10	11
12	13	14	15	16	17	18
Mother's Day						
19	20	21	22	23	24	25
19		4 1			-+	
26	27	28	29	30	31	
	Memorial Day					

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June 2024 Meal Planner



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30						1
2	0	1		6	7	8
2	3	4	5	0	/	0
9	10	11	12	13	14	15
16	17	18	19	20	21	22
Father's Day						
23	24	25	26	27	28	29

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July 2024 Meal Planner



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
				Independence Day		
	8					
7	0	9	10	11	12	13
14	15	16	17	18	19	20
	22				26	
21		23	24	25		27
28	29	30	31			

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August 2024 Meal Planner



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	 	20	21		23	24
25	26	27	28	29	30	31

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September 2024 Meal Planner



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Labor Day					
8						
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

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October 2024 Meal Planner



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 Columbus Day	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29		31		
				Halloween		

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November 2024 Meal Planner



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14 		16
17 	18 	 	20	21	22	23
24	25 	26	27	28 Thanksgiving Day	29	30

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December 2024 Meal Planner



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
			-Christmas			
29	30	31				

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