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| **>>> August 2024** | Goal of the month**: ………………………………………..…..** |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | 28 | **29** | **30** | **31** | **1** | **2** | 3 |
|  |  |  |  |  |  |  |
|  | 4 | **5** | **6** | **7** | **8** | **9** | 10 |
|  |  |  |  |  |  |  |
|  | 11 | **12** | **13** | **14** | **15** | **16** | 17 |
|  |  |  |  |  |  |  |
|  | 18 | **19** | **20** | **21** | **22** | **23** | 24 |
|  |  |  |  |  |  |  |
|  | 25 | **26** | **27** | **28** | **29** | **30** | 31 |
|  |  |  |  |  |  |  |