

January 2026 *Meal Planner*

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
				1 New Year's Day	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 M L King Day	20	21	22	23	24
25	26	27	28	29	30	31

February 2026 *Meal Planner*



<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
1 _____ _____ _____	2 _____ _____ _____	3 _____ _____ _____	4 _____ _____ _____	5 _____ _____ _____	6 _____ _____ _____	7 _____ _____ _____
8 _____ _____ _____	9 _____ _____ _____	10 _____ _____ _____	11 _____ _____ _____	12 _____ _____ _____	13 _____ _____ _____	14 _____ _____ _____
15 _____ _____ _____ _____ _____	16 —Presidents' Day— _____ _____ _____ _____	17 _____ _____ _____ _____ _____	18 _____ _____ _____ _____ _____	19 _____ _____ _____ _____ _____	20 _____ _____ _____ _____ _____	21 _____ _____ _____ _____ _____
22 _____ _____ _____ _____ _____	23 _____ _____ _____ _____ _____	24 _____ _____ _____ _____ _____	25 _____ _____ _____ _____ _____	26 _____ _____ _____ _____ _____	27 _____ _____ _____ _____ _____	28 _____ _____ _____ _____ _____
_____ _____ _____ _____	_____ _____ _____ _____	_____ _____ _____ _____	_____ _____ _____ _____	_____ _____ _____ _____	_____ _____ _____ _____	_____ _____ _____ _____

March 2026 *Meal Planner*



<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
1 _____ _____ _____	2 _____ _____ _____	3 _____ _____ _____	4 _____ _____ _____	5 _____ _____ _____	6 _____ _____ _____	7 _____ _____ _____
8 _____ _____ _____	9 _____ _____ _____	10 _____ _____ _____	11 _____ _____ _____	12 _____ _____ _____	13 _____ _____ _____	14 _____ _____ _____
15 _____ _____ _____ _____ _____	16 _____ _____ _____ _____ _____	17 _____ _____ _____ _____ _____	18 _____ _____ _____ _____ _____	19 _____ _____ _____ _____ _____	20 _____ _____ _____ _____ _____	21 _____ _____ _____ _____ _____
22 _____ _____ _____ _____ _____	23 _____ _____ _____ _____ _____	24 _____ _____ _____ _____ _____	25 _____ _____ _____ _____ _____	26 _____ _____ _____ _____ _____	27 _____ _____ _____ _____ _____	28 _____ _____ _____ _____ _____
29 _____ _____ _____ _____ _____	30 _____ _____ _____ _____ _____	31 _____ _____ _____ _____ _____				

April 2026 Meal Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 Good Friday	4
5 Easter Sunday	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2026 Meal Planner



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 _____ _____ _____					1 _____ _____ _____	2 _____ _____ _____
3 _____ _____ _____	4 _____ _____ _____	5 _____ _____ _____	6 _____ _____ _____	7 _____ _____ _____	8 _____ _____ _____	9 _____ _____ _____
10 _____ _____ _____	11 _____ _____ _____	12 _____ _____ _____	13 _____ _____ _____ _____	14 _____ _____ _____ _____	15 _____ _____ _____ _____	16 _____ _____ _____ _____
17 _____ _____ _____ _____	18 _____ _____ _____ _____	19 _____ _____ _____ _____	20 _____ _____ _____ _____	21 _____ _____ _____ _____	22 _____ _____ _____ _____	23 _____ _____ _____ _____
24 _____ _____ _____ _____	25 -Memorial Day- _____ _____ _____ _____	26 _____ _____ _____ _____	27 _____ _____ _____ _____	28 _____ _____ _____ _____	29 _____ _____ _____ _____	30 _____ _____ _____ _____

June 2026 Meal Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19 Juneteenth	20
21	22	23	24	25	26	27
28	29	30				

July 2026 Meal Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 Independence Day Holiday	4 Independence Day
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August 2026 *Meal Planner*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 _____ _____ _____	31 _____ _____ _____					1 _____ _____ _____
2 _____ _____ _____	3 _____ _____ _____	4 _____ _____ _____	5 _____ _____ _____	6 _____ _____ _____	7 _____ _____ _____	8 _____ _____ _____
9 _____ _____ _____	10 _____ _____ _____ _____	11 _____ _____ _____ _____	12 _____ _____ _____ _____	13 _____ _____ _____ _____	14 _____ _____ _____ _____	15 _____ _____ _____ _____
16 _____ _____ _____	17 _____ _____ _____ _____	18 _____ _____ _____ _____	19 _____ _____ _____ _____	20 _____ _____ _____ _____	21 _____ _____ _____ _____	22 _____ _____ _____ _____
23 _____ _____ _____	24 _____ _____ _____ _____	25 _____ _____ _____ _____	26 _____ _____ _____ _____	27 _____ _____ _____ _____	28 _____ _____ _____ _____	29 _____ _____ _____ _____

September 2026 *Meal Planner*

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
		1	2	3	4	5
6	7 Labor Day	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2026 *Meal Planner*

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
				1	2	3
4	5	6	7	8	9	10
11	12 Columbus Day	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November 2026 *Meal Planner*

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
1 _____ _____ _____	2 _____ _____ _____	3 _____ _____ _____	4 _____ _____ _____	5 _____ _____ _____	6 _____ _____ _____	7 _____ _____ _____
8 _____ _____ _____	9 _____ _____ _____	10 _____ _____ _____	11 Veterans Day _____ _____ _____	12 _____ _____ _____	13 _____ _____ _____	14 _____ _____ _____
15 _____ _____ _____ _____ _____	16 _____ _____ _____ _____ _____	17 _____ _____ _____ _____ _____	18 _____ _____ _____ _____ _____	19 _____ _____ _____ _____ _____	20 _____ _____ _____ _____ _____	21 _____ _____ _____ _____ _____
22 _____ _____ _____ _____ _____	23 _____ _____ _____ _____ _____	24 _____ _____ _____ _____ _____	25 _____ _____ _____ _____ _____	26 Thanksgiving Day _____ _____ _____ _____ _____	27 _____ _____ _____ _____ _____	28 _____ _____ _____ _____ _____
29 _____ _____ _____ _____ _____	30 _____ _____ _____ _____ _____	_____ _____ _____ _____ _____	_____ _____ _____ _____ _____	_____ _____ _____ _____ _____	_____ _____ _____ _____ _____	_____ _____ _____ _____ _____

December 2026 *Meal Planner*

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25 -Christmas-	26
27	28	29	30	31		